

قال رسول الله ﷺ
"يَا غُلَامُ ، سَمِّ اللَّهَ ،
وَكُلْ بِيَمِينِكَ ، وَكُلْ مِمَّا يَلِيكَ"

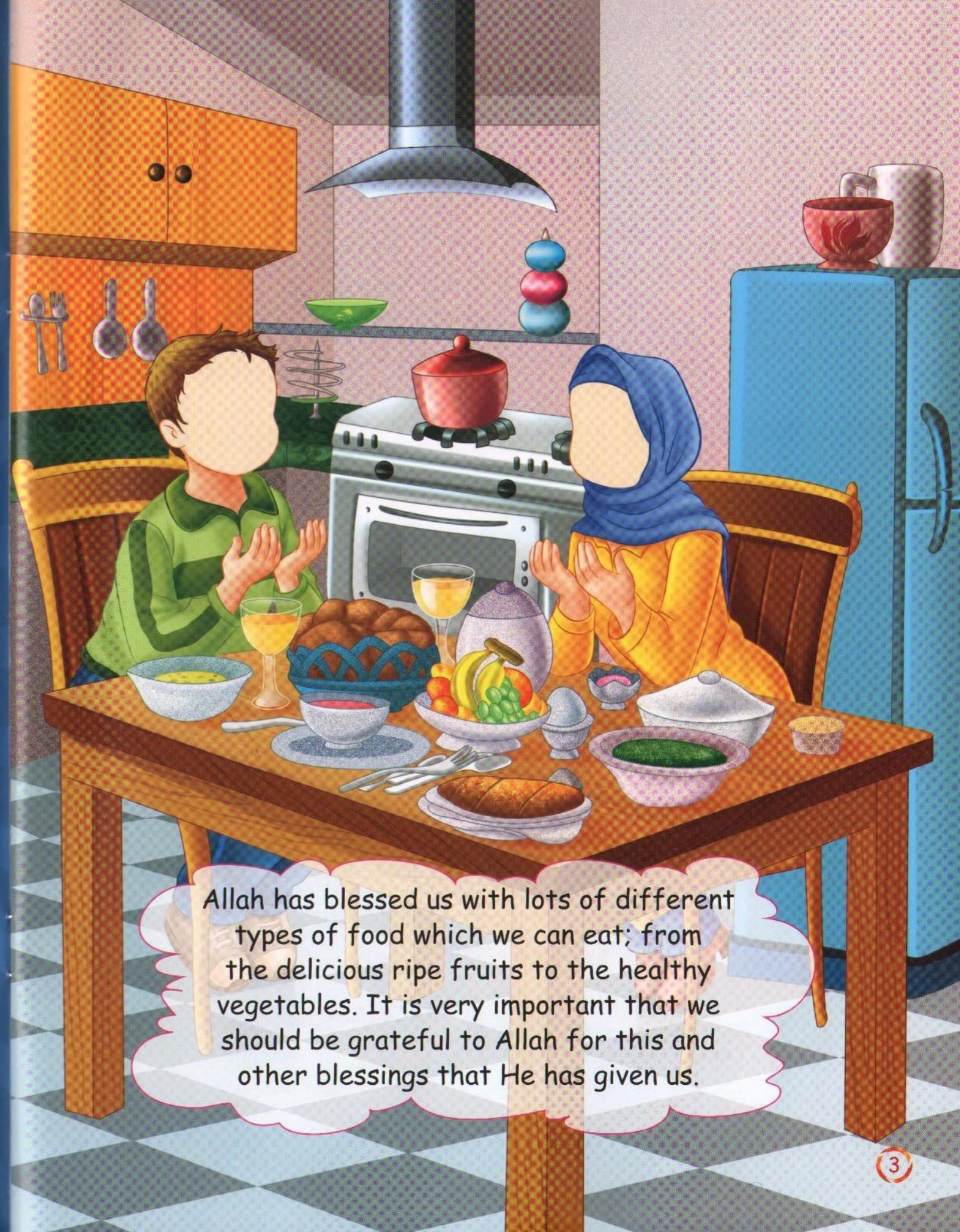
The Prophet ﷺ said:

"O boy !

Mention the name of Allah,
and eat with your right hand,
and eat of the dish what

is nearer to you".

{ Reported by Al-Bukhari (5376) }



Allah has blessed us with lots of different types of food which we can eat; from the delicious ripe fruits to the healthy vegetables. It is very important that we should be grateful to Allah for this and other blessings that He has given us.

