

دليل الصلاة

A GUIDE TO
SALÂT
(Prayer)

By

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Birmingham, U.K.



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بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

FOREWORD

There are many books dealing with the subject of *Ṣalāt* in both Arabic and Urdu. Many of these books are well written and provide an informative and comprehensive view of how *Ṣalāt* should be performed according to the teachings of Prophet Muḥammad (ﷺ). Unfortunately, there are very few books in English which deal with the subject in the same informative and comprehensive way. The books, which do exist, have three main disadvantages:

Firstly, literature concerning *Ṣalāt* available in English is either so brief that it does not cover essential points in nearly enough detail, or it is so bulky and detailed that it becomes difficult to use it for quick reference, and essential points may get lost in the unnecessary detail.

Secondly, the text of the *Ṣalāt* lacks the quality of direct research from the *Sunnah* of the Prophet Muḥammad (ﷺ). There are also books which contain material without any reference to the original sources.

Thirdly, the majority of books have been written according to the views held by certain schools of thought and for this reason some people hesitate to follow them.

Because of these weaknesses in existing literature in English, we felt that the need existed to produce a medium sized book on *Ṣalāt* which would approach the subject according to the teachings of the Prophet Muḥammad (ﷺ). The Prophet, himself, said:

«صَلُّوا كَمَا رَأَيْتُمُونِي أُصَلِّي»
«Pray as you have seen me praying.»

Such a book needs to contain all the essential details of *Ṣalāt* without being too bulky or complicated so that the reader can use it as a point of reference on a journey or at home.

It was also felt that a comprehensive book on *Ṣalāt* in English would be useful for converts to Islam and for such Muslims who do not fully understand Arabic and Urdu languages. Keeping in mind the needs of our

brothers and sisters, every effort has been made to produce this book in simple and easy language.

During our research, we sometimes found that differences occurred between established practices in various prayer books. In these circumstances we referred to authentic *Ahādith* of the Prophet Muḥammad (ﷺ), so that the points could be clarified as much as possible. This was, because, for a true Muslim there is no greater proof for settling arguments than authentic *Ahādith* and practices of Prophet Muḥammad (ﷺ).

We hope that Allāh will accept this humble attempt because without His Support and Help we would never have been able to do this work.

Finally, we ask all our Muslim brothers and sisters to study the text and to strive to offer *Ṣalāt* (prayer) according to it. If anyone finds anything unacceptable or to be against the *Sunnah* of the Prophet (ﷺ) we would be grateful if they would inform us.

Muḥammad Abdul Karim Saqib

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Notes about the Transliteration

The following system has been adopted to represent corresponding sounds of the Arabic alphabet:

Arabic Letter	English Equivalent	Example (Arabic)	Example (English)
ا	a	Allāh	apple
ب	b	Bismillāh	bat
ت	t	Tirmidhī	Talmud
ث	th	Uthman	through
ج	j	Jābir	jug
ح	h	Raḥeem	hate
خ	kh	Khalifah	(no English equivalent)
د	d	Darmi	the
ذ	dh	Adhān	resemble
ر	r	Aṣr	river
ز	z	Zahid	zero
س	s	Salām	seen
ش	sh	Shuaib	shop
ص	ṣ	Ṣalāt	sardine
ط	ṭ	Wuḍu	(no equivalent)
ظ	ẓ	Ṭahir	(no equivalent)
ع	'	Zuhr	razor
غ	gh	Jamā'at	(no equivalent)
ف	f	Maghrib	(no equivalent)
ق	q	Fajr	fan
ك	k	Iqāmat	queen
ل	l	Kitāb	keen
م	m	Jibrael	lean
ن	n	Muḥammad	moon
		Nasāi	noon

Arabic Letter	English Equivalent	Example (Arabic)	Example (English)
و	w	Wuḍu	wallet
هـ	h	Janāzah	hour
ء	'		(no equivalent)
(in the middle of the letter)			
ي	y		year

The following system has been adopted to represent some of the complex sounds of the Arabic language:

A macron (–) placed on a transcribed Arabic vowel indicates lengthening of the sound of that letter.

Arabic	English Equivalents	Example (Arabic)	Example (English)
آ	ā	Allāh	apple
إي	ee	Raheem	seen
إ	i	Istinja	sit
ء	i or ee		seen
هي	hī		he
أ	u		boot
أو	ū	Dawūd	true
أو	aw		sew
أو	aww	awwal	shovel
أي	ay		bay
أي	ayy		age
إي	iyy		

Note: Sometimes an Arabic letter changes sound according to its position in the word; for example; whether it is at the beginning, in the middle or at the end. In such circumstances the Arabic letter has been represented by more than one English equivalent.

Abbreviations

The following abbreviations have been used in this book:-

(ﷺ)	ŞAL-LAL LĀHU 'ALAYHI WA SAL-LAM (Peace And Blessing Of Allāh Be Upon Him)
(رضي الله عنه)	RADĪ ALLĀHU 'ANHU (May Allāh Be Pleased With Him)
(رضي الله عنها)	RADĪ ALLĀHU 'ANHA (May Allāh Be Pleased With Her)
(رضي الله عنهما)	RADĪ ALLĀHU 'ANHUMA (May Allāh Be Pleased With Them)
(رضي الله عنهم)	RADĪ ALLĀHU 'ANHUM (May Allāh Be Pleased With Them)
(رحمه الله)	RAHIMAHULLAH (May Allāh's Mercy Be Upon Him)
(رحمهم الله)	RAHIMAHUMLLAH (May Allāh's Mercy Be Upon Them).

Chapter 1

WUḌU (ABLUTION)

BEFORE DOING WUḌU (ABLUTION)

If someone needs to go to the toilet, he should use the toilet and do *Istinja* before doing *Wuḍu*.

SIWAK (TOOTH-STICK)

It is a good practice to clean the teeth with a tooth-stick, or a toothbrush before performing *Wuḍu*. In this way you can avoid many diseases which are caused by unclean teeth.

As mentioned in the *Ḥadīth*: 'Āiṣha (رضي الله عنها) reported Allāh's Messenger as saying: "The use of a tooth-stick is a means of purifying the mouth and is pleasing to the Lord as well" (Aḥmad. Dārmi and Nasāi).

Prophet Muḥammad (ﷺ) also said: «If I wouldn't have felt that it is difficult for my people I would have ordered them to use a tooth-stick with every *Ṣalāt* (prayer), that is, before doing each *Wuḍu*». So, Muslims should always try to fulfil this wish of our Prophet (ﷺ).

MAKING INTENTION (NIYAT) FOR WUḌU

Before starting the actions of *Wuḍu* it is necessary to make *Niyat*. Make *Niyat* that the act of performing *Wuḍu* is for the purpose of purity only. *Niyat* should be made in the heart because it is an action of the heart and not of the tongue.

Niyat by words is not approved by Prophet Muḥammad (ﷺ).

Then start the *Wuḍu* by saying: – *Bismillāh hir-Raḥma Nir-Raḥeem* (In the Name of Allāh, the Most Gracious, the Most Merciful)»

ACTIONS FOR PERFORMING WUḌU (ABLUTION)

1. Wash the hands up to the wrist making sure that no part of the hands is

